# January 2024| MENU <br> Pre-K <br> Wake County Public School <br> System <br> Breakfast \& Lunch 



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: |
| 101 Holiday | 02 Workday | $\frac{03}{\text { Breakfast }}$ <br> WG Breakfast Pizza <br> Mixed Fruit <br> Lunch <br> Orange Chicken \& Brown Rice WG Dinner Roll $V$ Seasoned Carrots $V$ Applesauce | 04 <br> Breakfast <br> WG Egg \& Cheese Biscuit $V$ <br> Diced Peaches <br> Lunch <br> Cheeseburger on WG Bun <br> Crispy Baked Fries V <br> 100\% Fruit Blend Juice | 05 <br> Breakfast <br> WG Cereal V <br> Applesauce <br> Lunch <br> WG Pizza Day! V available <br> Fresh Tossed Salad V <br> Mixed Fruit |
| 08 Breakfast <br> WG Churro Cheese Bites V <br> 100\% Apple Juice <br> Lunch <br> Spaghetti \& Meat Sauce V available Dinner Roll Garlic Spinach V Diced Peaches | 09 <br> Breakfast <br> WG Southern Chicken Biscuit <br> Applesauce <br> Lunch <br> WG Chicken Soft Tacos <br> Salsa V <br> Diced Pears | 10 <br> Breakfast <br> WG Breakfast Pizza <br> Diced Peaches <br> Lunch <br> Chicken Filet Sandwich on WG Bun Baked Beans V Applesauce | 11 <br> Breakfast <br> WG Egg \& Cheese Biscuit V <br> Diced Pears <br> Lunch <br> Hamburger on WG Bun Lettuce \& Tomatoes $V$ Emoticon Potatoes V 100\% Fruit Blend Juice | 12 Farm 2 School Friday Breakfast WG Cereal V Applesauce Lunch WG Pizza Day! V available Fresh Tossed Salad V Fresh Local Produce |
| 15 Holiday <br> MARTIN LUTHER KING DAY | 16 <br> Breakfast <br> WG Southern Chicken Biscuit <br> Applesauce <br> Lunch <br> Yogurt Box <br> Seasoned Carrots V <br> Cool Tropics 100\% Frozen Juice | 17 <br> Breakfast <br> WG Breakfast Pizza <br> Mixed Fruit <br> Lunch <br> Chicken Filet Sandwich on WG Bun Emoticon Potatoes V Applesauce | 18 <br> Breakfast <br> WG Egg \& Cheese Biscuit $V$ <br> Diced Pears <br> Lunch <br> Cheeseburger on WG Bun <br> Baked Beans V <br> 100\% Fruit Blend Juice | 19 <br> Breakfast <br> WG Cereal V <br> Applesauce <br> Lunch <br> WG Pizza Day! V available <br> Fresh Cucumber Sticks with Dip V <br> Applesauce |
|  | 23 <br> Breakfast <br> WG Southern Chicken Biscuit <br> Applesauce <br> Lunch <br> Chicken Soft Tacos <br> Lettuce \& Tomatoes $V$ <br> Salsa $V$ <br> Diced Peaches | 24 Trad, Workday Breakfast <br> WG Breakfast Pizza <br> Mixed Fruit <br> Lunch <br> Orange Chicken \& Brown Rice WG Dinner Roll <br> Seasoned Carrots V <br> Applesauce | 25 <br> Breakfast <br> WG Egg \& Cheese Biscuit $V$ <br> Diced Peaches <br> Lunch <br> Cheeseburger on WG Bun <br> Crispy Baked Fries V <br> 100\% Fruit Blend Juice | 26 <br> Breakfast <br> WG Cereal $V$ <br> Applesauce <br> Lunch <br> WG Pizza Day! V available <br> Fresh Tossed Salad V <br> Fresh DoD Tangerines |
| 29 Fun Day Monday <br> Breakfast <br> WG Churro Cheese Bites V <br> 100\% Apple Juice <br> Lunch <br> Spaghetti \& Meat Sauce V available WG Dinner Roll Garlic Spinach $V$ <br> Diced Peaches | 30 <br> Breakfast <br> WG Southern Chicken Biscuit <br> Applesauce <br> Lunch <br> WG Chicken Soft Tacos <br> Salsa V <br> Diced Pears | 31 <br> Breakfast <br> WG Breakfast Pizza <br> Diced Peaches <br> Lunch <br> Chicken Filet Sandwich on WG Bun Baked Beans V <br> Applesauce |  |  |

2022 K-5 Meal Prices:
Full Price Breakfast: \$1.50 Reduced Price Breakfast: Free, while funding is available
Full Price Lunch: $\$ 3.25$
Reduced Price Lunch: \$ 40
Adults: A la Carte Pricing

Breakfast includes: Entrée, fruit \& unflavored milk.
unch includes: Entrée with grain/bread $1 / 2$ cup vegetable, $1 / 2$ cup fruit \& unflavored milk
$\checkmark$ Symbolizes the daily vegetarian options Peanut butter \& Jelly Sandwiches available upon request

Menu selection is subject to change at any time.

