January 2024 | MENU Pre-K **Wake County Public School System Breakfast & Lunch**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 01 Holiday Hoppy new Year	02 Workday	03 Breakfast WG Breakfast Pizza Mixed Fruit Lunch Orange Chicken & Brown Rice WG Dinner Roll V Seasoned Carrots V Applesauce	04 Breakfast WG Egg & Cheese Biscuit V Diced Peaches Lunch Cheeseburger on WG Bun Crispy Baked Fries V 100% Fruit Blend Juice	05 Breakfast WG Cereal V Applesauce Lunch WG Pizza Day! V available Fresh Tossed Salad V Mixed Fruit
08 Breakfast WG Churro Cheese Bites V 100% Apple Juice Lunch Spaghetti & Meat Sauce V available Dinner Roll Garlic Spinach V Diced Peaches	09 Breakfast WG Southern Chicken Biscuit Applesauce Lunch WG Chicken Soft Tacos Salsa V Diced Pears	10 Breakfast WG Breakfast Pizza Diced Peaches Lunch Chicken Filet Sandwich on WG Bun Baked Beans V Applesauce	11 Breakfast WG Egg & Cheese Biscuit V Diced Pears Lunch Hamburger on WG Bun Lettuce & Tomatoes V Emoticon Potatoes V 100% Fruit Blend Juice	12 Farm 2 School Friday Breakfast WG Cereal V Applesauce Lunch WG Pizza Day! V available Fresh Tossed Salad V Fresh Local Produce
MARTIN LUTHER KING DAY	16 Breakfast WG Southern Chicken Biscuit Applesauce Lunch Yogurt Box Seasoned Carrots V Cool Tropics 100% Frozen Juice	17 Breakfast WG Breakfast Pizza Mixed Fruit Lunch Chicken Filet Sandwich on WG Bun Emoticon Potatoes V Applesauce	18 Breakfast WG Egg & Cheese Biscuit V Diced Pears Lunch Cheeseburger on WG Bun Baked Beans V 100% Fruit Blend Juice	19 Breakfast WG Cereal V Applesauce Lunch WG Pizza Day! V available Fresh Cucumber Sticks with Dip V Applesauce
22 Breakfast Yogurt Box V 100% Fruit Blend Juice Lunch Cheese Calzone V Mixed Vegetables V Diced Peaches	23 <u>Breakfast</u> WG Southern Chicken Biscuit Applesauce <u>Lunch</u> Chicken Soft Tacos Lettuce & Tomatoes V Salsa V Diced Peaches	24 Trad, Workday Breakfast WG Breakfast Pizza Mixed Fruit Lunch Orange Chicken & Brown Rice WG Dinner Roll Seasoned Carrots V Applesauce	25 Breakfast WG Egg & Cheese Biscuit V Diced Peaches Lunch Cheeseburger on WG Bun Cnspy Baked Fries V 100% Fruit Blend Juice	26 <u>Breakfast</u> WG Cereal V Applesauce <u>Lunch</u> WG Pizza Day! V available Fresh Tossed Salad V Fresh DoD Tangerines
29 Fun Day Monday Breakfast WG Churro Cheese Bites V 100% Apple Juice Lunch Spaghetti & Meat Sauce V available WG Dinner Roll Garlic Spinach V Diced Peaches	30 Breakfast WG Southern Chicken Biscuit Applesauce Lunch WG Chicken Soft Tacos Salsa V Diced Pears	31 Breakfast WG Breakfast Pizza Diced Peaches Lunch Chicken Filet Sandwich on WG Bun Baked Beans V Applesauce		



2022 K-5 Meal Prices:

Full Price Breakfast: \$1.50 Reduced Price Breakfast: Free, while funding is available Full Price Lunch: \$3.25 Reduced Price Lunch: \$.40 Adults: A la Carte Pricing

Breakfast includes: Entrée, fruit & unflavored milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

V Symbolizes the daily vegetarian options Peanut butter & Jelly Sandwiches available upon request

Menu selection is subject to change at any time.

